

Drugs and Health Products

Product Information

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Natural Product Number (NPN): 02243926

Current Status: Active

Brand Name(s): One A Day® Women

Licence Holder: Bayer Inc.

Dosage Form: Tablet

Recommended Route of Administration: Oral

Recommended Dose:

Sub Population (Sub Pop.)					Quantity (Qty)				Frequency (Freq.)			
Sub Pop.	Age	Min.	Max.	UoM ¹ Age	Qty	Min.	Max.	UoM ¹ Qty	Freq.	Min.	Max.	UoM ¹ Freq.
Adults					1.0			tablet	1			daily
¹ UoM: Unit of Measure												

Recommended Use or Purpose:

Vitamin and mineral supplement. A factor in the maintenance of good health. Source of vitamin A for the maintenance of good health (beta-carotene). Provitamin A for the maintenance of good health (beta-carotene). Helps to maintain eyesight, skin, membranes and immune function (vitamin A). Source of vitamin A to help maintain eyesight, skin, membranes and immune function (beta-carotene). Provitamin A to help maintain eyesight, skin, membranes and immune function (beta-carotene). Helps in the development and maintenance of night vision (vitamin A). Source of vitamin A to help in the development and maintenance of night vision (beta-carotene). Provitamin A to help in the development and maintenance of night vision (beta-carotene). Helps in the development and maintenance of bones and teeth (vitamin A, vitamin D, calcium, magnesium). Source of vitamin A to help in the development and maintenance of bones and teeth (beta-carotene). Provitamin A to help in the development and maintenance of bones and teeth (beta-carotene). Helps in the development and maintenance of bones, cartilage, teeth and gums (vitamin C). Helps normal growth and development (niacinamide). Helps normal growth (thiamine). Helps the body to metabolize proteins (folate). Helps the body to metabolize fats and proteins (vitamin C). Helps the body metabolize carbohydrates, fats and proteins (niacinamide, pantothenic acid, riboflavin, thiamine, vitamin B6, vitamin B12, magnesium). Helps in tissue formation (pantothenic acid, riboflavin, vitamin B6, magnesium). Helps to form red blood cells (folate, vitamin B12). Helps in connective tissue formation (vitamin C). Helps in wound healing (vitamin C). An antioxidant for the maintenance of good health (vitamin C, vitamin E). Helps in the absorption and use of calcium and phosphorus (vitamin D). Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis (vitamin D, calcium). Helps to reduce the risk of neural tube defects when taken daily prior to becoming pregnant and during early pregnancy (folate). Helps to form red blood cells and helps in their proper function (iron). Helps to maintain proper muscle function (magnesium). Helps to prevent pantothenic acid deficiency. Helps to prevent riboflavin deficiency. Helps to prevent

thiamine deficiency. Helps to prevent vitamin B6 deficiency. Helps to prevent vitamin B12 deficiency.

Risk Information:

Cautions and Warnings

Keep safely out of reach of children. This package contains enough iron to seriously harm a child. For adult use only.

List of Medicinal Ingredients:

Medicinal Ingredients	Quantity (Qty)	Extract	Potency
Beta-carotene	150.0 mcg RAE 300.0 mcg		500.0 IU
Calcium	400.0 mg		
Folate	0.4 mg		
Iron	10.0 mg		
Magnesium	50.0 mg		
Niacinamide	14.0 mg		
Pantothenic acid	10.0 mg		
Riboflavin	1.7 mg		
Thiamine	1.5 mg		
Vitamin A	600.0 mcg RAE		2000.0 IU
Vitamin B12	10.0 mcg		
Vitamin B6	2.0 mg		
Vitamin C	60.0 mg		
Vitamin D	5.0 mcg		200.0 IU
Vitamin E	11.25 mg AT		25.0 IU

List of Non-Medicinal Ingredients:

- Acacia
- Butylated hydroxytoluene
- Calcium Silicate
- Cellulose
- Corn starch
- Croscarmellose Sodium
- Dextrin
- Dextrose
- FD & C yellow #5
- FD&C Blue No.2
- FD&C Yellow 6
- Gelatin
- Hypromellose
- Inulin
- Lecithin
- Magnesium Stearate

- Medium-chain Triglycerides
- Partially hydrogenated soy bean oil
- Polacrillin
- Polyethylene Glycol
- Propylene Glycol Dicaprylate/Dicaprate
- Silicon dioxide
- Sodium Carboxymethylcellulose
- Sodium Citrate Dihydrate
- Sodium ascorbate
- Sodium lauryl sulfate
- Starch
- Stearic Acid
- Sucrose
- Talc
- Titanium dioxide
- maltodextrin

Date of Licensing: 2008-02-28

Revised Date of Licence: 2008-10-31

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