

## Drugs and Health Products

### Product Information

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**Natural Product Number (NPN):** 02244890

**Current Status:** Active

**Brand Name(s):** One A Day® Men

**Licence Holder:** Bayer Inc.

**Dosage Form:** Tablet

**Recommended Route of Administration:** Oral

#### Recommended Dose:

Sub Population (Sub Pop.)					Quantity (Qty)				Frequency (Freq.)			
Sub Pop.	Age	Min.	Max.	UoM <sup>1</sup> Age	Qty	Min.	Max.	UoM <sup>1</sup> Qty	Freq.	Min.	Max.	UoM <sup>1</sup> Freq.
Adults					1.0			tablet	1			daily
<sup>1</sup> UoM: Unit of Measure												

#### Recommended Use or Purpose:

Helps the body to metabolize carbohydrates and fats (chromium). Helps the body metabolize carbohydrates, fats and proteins (niacinamide, pantothenic acid, riboflavin, thiamine, vitamin B6, vitamin B12, magnesium). Helps in tissue formation (pantothenic acid, riboflavin, vitamin B6, magnesium). Helps to form red blood cells (folate, vitamin B12). Helps in connective tissue formation (vitamin C). Helps to produce and repair connective tissue (copper). Helps in wound healing (vitamin C). An antioxidant for the maintenance of good health (vitamin C, vitamin E, selenium). Helps in the absorption and use of calcium and phosphorus (vitamin D). Helps to reduce the risk of neural tube defects when taken daily prior to becoming pregnant and during early pregnancy (folate). Helps to maintain proper muscle function (magnesium). Provides support for healthy glucose metabolism (chromium). Helps in the function of the thyroid gland (iodine). Helps to main healthy skin (zinc). Helps to maintain immune function (zinc). Helps to prevent vitamin A deficiency. Helps to prevent pantothenic acid deficiency. Helps to prevent riboflavin deficiency. Helps to prevent thiamine deficiency. Helps to prevent vitamin B6 deficiency. Helps to prevent vitamin B12 deficiency. Helps to prevent niacin deficiency. Helps to prevent vitamin E deficiency. Helps to prevent copper deficiency. Helps to prevent chromium deficiency. Helps to prevent manganese deficiency. Helps to prevent selenium deficiency. Helps to prevent zinc deficiency.

Vitamin and mineral supplement. A factor in the maintenance of good health. Source of vitamin A for the maintenance of good health (beta-carotene). Provitamin A for the maintenance of good health (beta-carotene). Helps to maintain eyesight, skin, membranes and immune function (vitamin A). Source of vitamin A to help maintain eyesight, skin, membranes and immune function (beta-carotene). Provitamin A to help maintain eyesight, skin, membranes and immune function (beta-carotene). Helps in the development and maintenance of night vision (vitamin A). Source of vitamin A to help in the development and maintenance of night vision (beta-carotene). Provitamin A to help in the development and maintenance of night vision (beta-carotene). Helps in the development and

maintenance of bones and teeth (vitamin A, vitamin D, calcium, magnesium). Source of vitamin A to help in the development and maintenance of bones and teeth (beta-carotene). Provitamin A to help in the development and maintenance of bones and teeth (beta-carotene). Helps in the development and maintenance of bones, cartilage, teeth and gums (vitamin C). Helps in the development and maintenance of bones (manganese). Helps normal growth and development (niacinamide). Helps normal growth (thiamine). Helps the body to metabolize proteins (folate). Helps the body to metabolize fats and proteins (vitamin C).

**Risk Information:**

***Cautions and Warnings***

Do not use if seal under cap is broken or missing. Keep safely out of reach of children. For adult use only.

**List of Medicinal Ingredients:**

Medicinal Ingredients	Quantity (Qty)	Extract	Potency
Beta-carotene	600.0 mcg		1000.0 IU
Chlorine	34.0 mg		
Chromium	150.0 mcg		
Copper	2.0 mg		
Folate	0.4 mg		
Iodine	0.15 mg		
Magnesium	100.0 mg		
Manganese	3.5 mg		
Molybdenum	42.0 mcg		
Niacinamide	20.0 mg		
Pantothenic acid	10.0 mg		
Potassium	37.5 mg		
Riboflavin	2.55 mg		
Selenium	87.5 mcg		
Thiamine	2.25 mg		
Vitamin A	1200.0 mcg		4000.0 IU
Vitamin B12	9.0 mcg		
Vitamin B6	3.0 mg		
Vitamin C	90.0 mg		
Vitamin D	10.0 mcg		400.0 IU
Vitamin E	20.25 mg		45.0 IU
Zinc	15.0 mg		

**List of Non-Medicinal Ingredients:**

- Ascorbyl Palmitate
- Brewer's yeast
- Butylated hydroxytoluene
- Cellulose
- Croscarmellose Sodium
- Crospovidone
- Dextrin
- Dextrose
- Dicalcium Phosphate
- FD & C Yellow #6
- FD & C yellow #5
- FD&C Blue No.2
- Gelatin
- Hypromellose
- Lecithin
- Magnesium Stearate
- Polyethylene Glycol
- Resin
- Silicon dioxide
- Sodium ascorbate
- Sodium benzoate
- Sorbic Acid
- Soybean Oil, partially hydrogenated
- Starch
- Stearic Acid
- Sucrose
- Titanium dioxide

**Date of Licensing:** 2008-02-22

**Revised Date of Licence:**

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