

## Drugs and Health Products

### Product Information

[User Guide](#)
[Terminology Guide](#)
[Compendium of Monographs](#)
[New Search](#)

**Natural Product Number (NPN):** 02247995

**Current Status:** Active

**Brand Name(s):** Flintstones® Multiple Vitamins Plus Iron

**Licence Holder:** Bayer Inc.

**Dosage Form:** Tablet, chewable

**Recommended Route of Administration:** Oral

#### Recommended Dose:

Sub Population (Sub Pop.)					Quantity (Qty)				Frequency (Freq.)				
Sub Pop.	Age	Min.	Max.	UoM <sup>1</sup> Age	Qty	Min.	Max.	UoM <sup>1</sup> Qty	Qty	Freq.	Min.	Max.	UoM <sup>1</sup> Freq.
Children		2		year(s)	1.0			tablet		1			daily
<sup>1</sup> UoM: Unit of Measure													

#### Recommended Use or Purpose:

Chewable Multiple Vitamin and Mineral Supplement Plus Iron. Vitamin and Mineral supplement. A factor in the maintenance of good health. Helps to maintain eyesight, skin, membranes and immune function (vitamin A). Helps in the development and maintenance of night vision (vitamin A). Helps in the development and maintenance of bones and teeth (vitamin A, vitamin D). Helps in the development and maintenance of bones, cartilage, teeth and gums (vitamin C). Helps normal growth and development (niacinamide). Helps normal growth (thiamine). Helps the body to metabolize proteins (folate). Helps the body to metabolize fats and proteins (vitamin C). Helps the body metabolize carbohydrates, fats and proteins (niacinamide, riboflavin, thiamine, vitamin B6, vitamin B12). Helps in tissue formation (riboflavin, vitamin B6). Helps to form red blood cells (folate, vitamin B12). Helps to form red blood cells and helps in their proper function (iron). Helps in connective tissue formation (vitamin C). Helps in wound healing (vitamin C). An antioxidant for the maintenance of good health (vitamin C). Helps in the absorption and use of calcium and phosphorus (vitamin D). Helps to prevent thiamine deficiency. Helps to prevent vitamin B12 deficiency.

#### Risk Information:

##### *Cautions and Warnings*

This package contains enough iron to seriously harm a child.  
Keep safely out of reach of children. This package contains enough iron to seriously harm a child. If seal under cap is broken or missing, do not use.

#### List of Medicinal Ingredients:

Medicinal Ingredients	Quantity (Qty)	Extract	Potency
-----------------------	----------------	---------	---------

Folate	0.1 mg		
Iron	4.0 mg		
Niacinamide	8.0 mg		
Riboflavin	1.5 mg		
Thiamine	1.5 mg		
Vitamin A	480.0 mcg RAE		1600.0 IU
Vitamin B12	3.0 mcg		
Vitamin B6	1.0 mg		
Vitamin C	50.0 mg		
Vitamin D	10.0 mcg		400.0 IU

#### List of Non-Medicinal Ingredients:

- Artificial Grape Flavour
- Artificial orange flavour
- Artificial strawberry flavour
- Butylated hydroxytoluene
- Cellulose - microcrystalline
- Citric acid
- DL-alpha-tocopherol
- FD & C Yellow #6
- FD&C Blue No.2
- FD&C Red #3
- Gelatin
- Invert sugar
- Magnesium Stearate
- Malic Acid
- Maltodextrin
- Palmitic Acid
- Pectin
- Silica Gel
- Sodium Aluminum Silicate
- Sodium benzoate
- Sodium citrate
- Sorbic Acid
- Soybean Oil
- Starch
- Stearic Acid
- Stearic Triglyceride
- Sucrose
- Triglycerides
- tangerine flavour

**Date of Licensing:** 2008-03-27

**Revised Date of Licence:**

---

Date Modified 2012-09-27

