

Drugs and Health Products

Product Information

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Natural Product Number (NPN): 02248319

Current Status: Active

Brand Name(s): One A Day® Weightsmart™

Licence Holder: Bayer Inc.

Dosage Form: Tablet

Recommended Route of Administration: Oral

Recommended Dose:

Sub Population (Sub Pop.)					Quantity (Qty)				Frequency (Freq.)			
Sub Pop.	Age	Min.	Max.	UoM ¹ Age	Qty	Min.	Max.	UoM ¹ Qty	Freq.	Min.	Max.	UoM ¹ Freq.
Adults					1.0			tablet	1			daily
¹ UoM: Unit of Measure												

Recommended Use or Purpose:

Vitamin and Mineral Supplement. Specifically formulated multivitamins and minerals to help your body metabolize fats, proteins and carbohydrates. Beta-carotene: For the maintenance of good health; helps maintain eyesight, skin membranes and immune function; helps in the development and maintenance of bones; helps in the development and maintenance of teeth. Vitamin B1: Helps maintain good health; helps normal growth; helps the body metabolize carbohydrates. Riboflavin: Helps metabolize fats and proteins and carbohydrates; Helps the body to metabolize fats and proteins and carbohydrates; a factor in the maintenance of good health; helps in tissue formation. Vitamin B12: Helps to maintain good health; helps to produce red blood cells. Vitamin C: Helps in the development and maintenance of bones, cartilage, teeth and gums; helps in connective tissue formation; helps in wound healing; an antioxidant for the maintenance of good health. Vitamin D: Helps the absorption of calcium and phosphorus; calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis. Niacin helps normal growth and development. Folate helps to prevent folate deficiency. Magnesium helps to maintain proper muscle function. Selenium helps to prevent selenium deficiency. Copper: Helps produce red blood cells; helps to produce connective tissue. Chromium provides support for healthy glucose metabolism. Zinc: Helps to maintain healthy skin; helps to maintain immune function.

Risk Information:

Cautions and Warnings

If pregnant or breastfeeding ask a health care practitioner before use. Keep out of reach of children. This package contains enough iron to seriously harm a child. For adult use only.

List of Medicinal Ingredients:

Medicinal Ingredients	Quantity (Qty)	Extract	Potency
Beta-Carotene	750.0 mcg RAE		2500.0 IU
Calcium	300.0 mg		
Camellia sinensis	75.0 mg	10 : 1 DHE: 750 mg	36.0 % Epigallocatechin gallate (EGCG)
Chromium	0.15 mg		
Copper	2.0 mg		
D-Pantothenic acid	12.5 mg		
Folate	400.0 mcg		
Iron	14.0 mg		
Magnesium	50.0 mg		
Manganese	2.0 mg		
Niacin	25.0 mg		
Riboflavin	2.1 mg		
Selenium	0.07 mg		
Thiamine	1.9 mg		
Vitamin B12	7.5 mcg		
Vitamin B6	2.5 mg		
Vitamin C	60.0 mg		
Vitamin D	10.0 mcg		400.0 IU
Vitamin E	13.5 mg ATE		30.0 IU
Zinc	15.0 mg		

List of Non-Medicinal Ingredients:

- Alpha-tocopherol
- Ascorbyl Palmitate
- Calcium Silicate
- Citric acid
- Corn starch
- Croscarmellose Sodium
- Crospovidone
- D&C Yellow #10
- Dicalcium Phosphate
- FD & C Red # 40
- FD & C blue #1
- Gelatin
- Hypromellose
- Magnesium Stearate

- Maltodextrin
- Methylcellulose
- Microcrystalline cellulose
- Polydextrose
- Polyethylene Glycol
- Purified water
- Silicon dioxide
- Sodium ascorbate
- Sodium benzoate
- Sodium citrate
- Soybean Oil
- Stearic Acid
- Sucrose
- Titanium dioxide
- Triacetin

Date of Licensing: 2007-10-29

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