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## Médicaments et produits de santé

### Renseignements sur le produit

[Guide de l'utilisateur](#)

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**Numéro de produit naturel** 02248292

**(NPN) :**

**État actuel:** Actif

**Marque nominative(s):** One A Day® Men 50 Plus

**Détenteur de la licence:** Bayer Inc.

**Forme posologique :** Comprimé

**Voie d'administration recommandée :** Orale

**Dose recommandée :**

Sous-population (Sous-pop.)					Quantité (Qté)					Fréquence (Fréq.)			
Sous-pop.	Âge	Min.	Max.	UDM <sup>1</sup> Âge	Qté	Min.	Max.	UDM <sup>1</sup> Qté	Fréq.	Min.	Max.	UDM <sup>1</sup> Fréq.	
Adultes					1.0			Comprimé	1			Tous les jours	

<sup>1</sup> UDM : unité de mesure

**Usages ou fins recommandés :**

Helps the body metabolize carbohydrates, fats and proteins (niacinamide, pantothenic acid, riboflavin, thiamine, vitamin B6, vitamin B12, magnesium). Helps in tissue formation (pantothenic acid, riboflavin, vitamin B6, magnesium). Helps to form red blood cells (folate, vitamin B12). Helps in connective tissue formation (vitamin C). Helps to produce and repair connective tissue (copper). Helps in wound healing (vitamin C). An antioxidant for the maintenance of good health (vitamin C, vitamin E, selenium). Helps in the absorption and use of calcium and phosphorus (vitamin D). Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis (vitamin D, calcium). Helps to reduce the risk of neural tube defects when taken daily prior to becoming pregnant and during early pregnancy (folate). Helps to maintain proper muscle function (magnesium). Provides support for healthy glucose metabolism (chromium). Helps in the function of the thyroid gland (iodine). Helps to main healthy skin (zinc). Helps to maintain immune function (zinc). Helps to prevent vitamin A deficiency. Helps to prevent pantothenic acid deficiency. Helps to prevent riboflavin deficiency. Helps to prevent thiamine deficiency. Helps to prevent vitamin B6 deficiency. Helps to prevent vitamin B12 deficiency. Helps to prevent niacin deficiency. Helps to prevent vitamin E deficiency. Helps to prevent copper deficiency. Helps to prevent zinc deficiency. Vitamin and mineral supplement. A factor in the maintenance of good health. Source of vitamin A for the maintenance of good health (beta-carotene). Provitamin A for the maintenance of good health (beta-carotene). Helps to maintain eyesight, skin, membranes and immune function (vitamin A). Source of vitamin A to help maintain eyesight, skin, membranes and immune function (beta-carotene). Provitamin A to help maintain eyesight, skin, membranes and immune function (beta-carotene). Helps in the development and maintenance of night vision (vitamin A). Source of vitamin A to help in the development and maintenance of night vision (beta-carotene). Provitamin A to help in

the development and maintenance of night vision (beta-carotene). Helps in the development and maintenance of bones and teeth (vitamin A, vitamin D, calcium, magnesium). Source of vitamin A to help in the development and maintenance of bones and teeth (beta-carotene). Provitamin A to help in the development and maintenance of bones and teeth (beta-carotene). Helps in the development and maintenance of bones, cartilage, teeth and gums (vitamin C). Helps in the development and maintenance of bones (manganese). Helps normal growth and development (niacinamide). Helps normal growth (thiamine). Helps the body to metabolize proteins (folate). Helps the body to metabolize fats and proteins (vitamin C). Helps the body to metabolize carbohydrates and fats (chromium).

#### Renseignements sur les risques :

#### *Précautions et mises en garde*

Do not use if seal under cap is broken or missing. Keep safely out of reach of children. For adult use only.

#### Liste de ingrédients médicinaux :

Ingrédients médicinaux	Quantité (Qté)	Extrait	Activité
bêta-carotène	1800.0 mcg		
Biotine	30.0 mcg		
Calcium	220.0 mg		
Chlorine	34.0 mg		
Chromium	10.0 mcg		
Cuivre	2.0 mg		
Folate	0.4 mg		
Iode	0.15 mg		
Magnésium	100.0 mg		
Manganèse	2.5 mg		
Molybdène	10.0 mcg		
Niacinamide	20.0 mg		
Acide pantothénique	20.0 mg		
Potassium	37.5 mg		
Riboflavin	3.4 mg		
Sélénium	10.0 mcg		
Thiamine	4.5 mg		
Vitamine A	900.0 mcg		
Vitamine B12	25.0 mcg		
Vitamine B6	6.0 mg		
Vitamine C	120.0 mg		

Vitamine D	10.0 mcg		
Vitamine E	27.0 mg		
Zinc	15.0 mg		

**Liste de ingrédients non médicinaux :**

- acacia
- palmitate d'ascorbyle
- levure de bière
- Hydroxytoluène butylé
- Calcium Silicate
- cellulose
- Croscarmellose de sodium
- Crospovidone
- Dextrine
- Dextrose
- phosphate de dicalcium
- FD & C Jaune no. 6
- Gélatine
- Hypromellose
- lécithine
- Stéarate de magnésium
- Mineral oil
- Poly(éthylène glycol)
- Resin
- Dioxyde de silicium
- Sodium Carboxymethylcellulose
- Glycolate d'amidon sodique
- ascorbate de sodium
- citrate de sodium
- huile de soja, partiellement hydrogénée
- Amidon
- Saccharose
- Dioxyde de titane
- maltodextrine

**Date de l'homologation:** 2008-03-07

**Date de la modification de  
la licence:**

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Date de modification 2012-09-27